

## Motivation Peer Training

### Resources summary

**Note:** Drop Box links included as hyperlinks under resources (underlined)

Resource	Detail	Printing
MPT and ToT preparation checklist	This will help with planning for MPT and ToT courses e.g. things to consider, timeframes, printing requirements, equipment lists. Available upon request.	N/a
<u>MPT Trainer's Guide</u>	Used by Peer Trainers as either a 5-day course or one-to-one sessions for hospital and home visits.	A4 double sided either in colour or black and white. A Word version is available upon request for translation.
<u>MPT Posters</u>	Accompany the MPT course.	Sizes shown at the end of the poster title. Preferably printed in colour.
<u>Posters Power Point</u>	The Power Point includes all of the posters from MPT. This could be used if there are no funds to print the posters and if there is a projector and laptop available.	N/a
Participant handbook: <u>Full colour version</u> <u>Grayscale version</u> (if printing in black and white)	This is given to MPT participants summarising information from the course, using illustrations used in the posters and Power Point).	PDF printer settings: Booklet, both sides, Left binding, Portrait, Auto rotate pages. This will print on to A4 paper in order and can be folded into an A5 booklet. A Word version is available upon request for translation - if translated in Word; it must be converted to PDF for printing.
<u>MPT Handouts</u>	These are optional – they can be used if participants require more detail and are literate.	A4 double sided (only print if required)
<u>MPT Training of Trainer's (ToT) Master Trainer's Guide</u>	Used by Master Trainer's (i.e. experienced Peer Trainers) to train new Peer Trainer's to deliver MPT.	A4 double sided. A Word version is available upon request for translation.
<u>MPT ToT handouts</u>	Accompany the ToT course.	A4